



# FRESH

BREAKFAST | LUNCH

# A BETTER SUNRISE

## CLASSICS

- Street Corn Chorizo Tostada** 18  
Two fried corn tortillas, fire roasted corn, chorizo, Cotija cheese, pickled red onion, lime crema, two eggs up.
- Avocado Toast** 14  
Fresh smashed avocado seasoned with diced tomatoes on multigrain along with two eggs any style.  
**Add** smoked salmon 5 | **Substitute** tomato with pico de gallo .50
- Avocado Bowl** 15  
Two poached eggs on a bed of multigrain toast and fresh tomatoes topped with avocado and feta cheese.  
**Add** smoked salmon 5 | **Substitute** tomato with pico de gallo .50
- Traditional Breakfast** 15  
Choice of pancake or French toast, two eggs, and choice of meat.

## BENEDICTS

*Eggs Benedict come with Two poached eggs topped with hollandaise along with its unique combination.*

- Classic** 16  
Shaved Canadian ham on a grilled English muffin.
  - Short Rib Quesadilla** 19  
Roasted short rib, cheddar quesadilla topped with hollandaise and house-made mild pepper sauce.
  - Smoked Salmon** 18  
Smoked salmon, Cajun everything bagel seasoning, served with a side of pico de gallo.
- All Benedicts come with seasoned potatoes.  
Grilled vegetables by request.

## SUNRISE SIPS

- Toasted Marshmallow Cold Brew** 6  
Toasted marshmallow syrup, caramel, cream
- Fresh-spresso** 6  
Iced espresso, caramel, French vanilla, whipped cream
- Blueberry Vanilla Dirty Sprite** 5.25  
House made blueberry syrup, coconut cream, sprite
- Classic Dirty Coke** 5.25  
Coconut syrup, lime, half & half

**SPIKE IT!** Add a shot of your choice to any drink 6 | Immunity Boost 1

## SKILLETS

- Chorizo** 18  
Chorizo, Cotija cheese, pickled red onion, mini sweet peppers, two eggs up.
- Farmer** 18  
Bacon, mushroom, sun dried tomato, Swiss cheese, two eggs over medium topped with fresh arugula.
- Market** 17  
Zucchini, bell pepper, spinach, garlic, mozzarella, two poached eggs and pesto.

All skillet come with choice of toast on bed of seasoned potatoes.

## OMELETS

- Downtown** 15  
Filled with potatoes, peppers, onions, bacon, and cheddar cheese.
- Go Green** 15  
Egg whites, filled with spinach, broccoli, asparagus, and garlic.
- Good AM** 15  
Sausage, spinach, mushroom, sautéed onions, and feta.  
Comes with choice of seasoned potatoes or grilled veggies and choice of toast

## SWEETS

- Pancakes** ONE 7 | TWO 10
- French Toast** ONE 7 | TWO 10
- Available Toppings:**  
Fruit (Blueberry, Strawberry, or Banana), Chocolate Chips, Pecans 2  
All available Gluten Free for \$1.50 extra each (1).

## SIDES

- Seasoned Potatoes** 6
- Grilled Vegetables** 6
- Bacon** 7
- Sausage** 6
- Fresh Fruit Cup** 5
- Toast** Multigrain | Rye | Sourdough 3  
 Gluten Free \$1 extra

# BREAKFAST

Please inform your server of any allergies or concerns. Gluten free options available.

Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

\*Plate share charge of \$3. Prices Subject to Change. A 20% gratuity is added to parties of 6 or more.



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**CURATED  
FOR RIGHT  
NOW**

## SANDWICHES

### **Veggie Melt**

Grilled vegetables, feta, hummus, garlic aioli on grilled multigrain.

16



### **Elevated Ham & Cheese**

Grilled ham, bacon, sautéed onions, tomato, Swiss, Dijon aioli, black & white sesame bun.

17

### **Smoked Salmon B.A.T.**

Smoked salmon, bacon, arugula, mozzarella cheese and tomato with garlic aioli on grilled multigrain.

18

### **Smash Burger**

House made bacon jam, arugula, Swiss, house sauce, black & white sesame bun.

18

Choice of mixed greens or fresh cut fries.

## BOWLS

### **Chicken Grain Bowl**

Fresh grilled chicken breast, tomato, fire roasted corn, quinoa, avocado, sliced radish, and house sauce.

19

### **Harvest Bowl**

5 grain & kale blend, zucchini, mushrooms, bell pepper, sun dried tomatoes, pesto, hummus, served with a lightly fried tortilla.

18

## SALADS

### **Chic-ado**

Mixed greens, fresh grilled chicken breast, sliced avocado, diced tomato, fire roasted corn, and feta cheese with our house balsamic.

16

### **Sweet Honey Pecan**

Toasted pecans, bacon, 5 grain & kale blend, honey Dijon dressing, crispy tortilla strips.

15

## SIDES

### **Fresh Cut Fries**

6

### **House Made Tortilla Chips**

served with pico de gallo

7

### **Mixed Greens**


5

# LUNCH

 /Freshbreakfastlunch

[www.freshbreakfastlunch.com](http://www.freshbreakfastlunch.com)

Owned & Operated by  
FRESH Restaurant Group

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