



FRESH

BREAKFAST | LUNCH

A BETTER SUNRISE

CLASSICS

Street Corn Chorizo Tostada 18

Two fried corn tortillas, fire roasted corn, chorizo, Cotija cheese, pickled red onion, lime crema, two eggs up.

Avocado Toast 13

Fresh smashed avocado seasoned with diced tomatoes on multigrain along with two eggs any style.

Add smoked salmon \$5

Avocado Bowl 15

Two poached eggs on a bed of multigrain toast and fresh tomatoes topped with avocado and feta cheese.

Traditional Breakfast 15

Choice of pancake or French toast, two eggs, and choice of meat.

BENEDICTS

Eggs Benedict come with Two poached eggs topped with hollandaise along with its unique combination.

Classic 16

Shaved Canadian ham on a grilled English muffin.

Short Rib Quesadilla 18

Roasted short rib, cheddar quesadilla topped with hollandaise and house-made mild pepper sauce.

Smoked Salmon 18

Smoked salmon, Cajun everything bagel seasoning.

All Benedicts come with seasoned potatoes. Grilled vegetables by request.

SKILLETS

Chorizo 18

Chorizo, Cotija cheese, pickled red onion, mini sweet peppers, two eggs up.

Farmer 18

Bacon, mushroom, sun dried tomato, Swiss cheese, two eggs over medium topped with fresh arugula.

Market 17

Zucchini, bell pepper, spinach, garlic, mozzarella, two poached eggs and pesto.

All skillet come with choice of toast on bed of seasoned potatoes.

OMELETS

Downtown 15

Filled with potatoes, peppers, onions, bacon, and cheddar cheese.

Go Green 15

Egg whites, filled with spinach, broccoli, asparagus, and garlic.

Good AM 15

Sausage, spinach, sautéed onions, and feta.

SWEETS

Pancakes ONE 7 | TWO 10

French Toast ONE 7 | TWO 10

Available Toppings:

Fruit (Blueberry, Strawberry, or Banana) \$1.50

Chocolate Chips \$1.50

Pecans \$1.75

All available Gluten Free for \$1 extra each (1).

SIDES

Seasoned Potatoes 6

Grilled Vegetables 6

Bacon 7

Sausage 6

Toast 3

Multigrain | Rye | Sourdough | Gluten Free

BREAKFAST

Please inform your server of any allergies or concerns. Gluten free options available.

Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

*Plate share charge of \$3. Prices Subject to Change. A 20% gratuity is added to parties of 6 or more.



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**CURATED
FOR RIGHT
NOW**

SANDWICHES

Veggie Melt

Grilled vegetables, feta, hummus, garlic aioli on grilled multigrain.

16

Elevated Ham & Cheese

Grilled ham, bacon, sautéed onions, tomato, Swiss, Dijon aioli, black & white sesame bun.

17

Smoked Salmon B.A.T.

Smoked salmon, bacon, arugula, mozzarella cheese and tomato with garlic aioli on grilled multigrain.

18

Smash Burger

House made bacon jam, arugula, Swiss, house sauce, black & white sesame bun.

18

Choice of mixed greens or fresh cut fries.

BOWLS

Chicken Grain Bowl

Fresh grilled chicken breast, tomato, fire roasted corn, quinoa, avocado, sliced radish, and house sauce.

19

Harvest Bowl

5 grain & kale blend, zucchini, bell pepper, mushrooms, sun dried tomatoes, hummus.

18

SALADS

Chic-ado

Mixed greens, fresh grilled chicken breast, sliced avocado, diced tomato, fire roasted corn, and feta cheese with our house balsamic.

16

Sweet Honey Pecan

Toasted pecans, bacon, 5 grain & kale blend, honey Dijon dressing, crispy tortilla strips.

15

SIDES

Fresh Cut Fries

6

House Made Tortilla Chips

served with pico de gallo

7

Mixed Greens

5

LUNCH

 /Freshbreakfastlunch

www.freshbreakfastlunch.com

Owned and Operated
by The Kaltsas Group

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